The list of procedures included in medical voucher (from 7 nights)

* The program includes a complete course of treatment - 4 procedures per day

1. **Balneotherapy every other day with pelotherapy on order:**
   - Radon baths (general, 4 chambers)
   - Mineral baths (general, 4 chambers)
   - Mineral and pearl baths,
   - Medicated baths with pine needle extract,
   - Applications of sapropelic mud (general, local 1 area).

2. **Physical therapy every day on order:**
   - therapeutic ultrasound,
   - local cryotherapy,
   - electrical peloid procedures using direct or impulse current,
   - magnetophoresis,
   - millimeter-wave therapy,
   - interferential current therapy,
   - magnetic stimulation,
   - local magnetotherapy (on apparatus Unispok, Orthspok, Seta, Photospok, Almag-01),
   - ultrahigh-frequency therapy,
   - electrophoresis with direct current, - impulse current,
   - intradermal laser therapy (1 area)
   - diadynamic therapy
   - amplipulse therapy

3. **Massage therapy every other day**
   - massage therapy *(of 1 area at option)*: upper or lower limbs, collar zone, 1 joint, hand and antebrachium, sacrolumbar zone, back;
   - **alternate** with 1 procedure at option:
     - wax and ozocerite applications,
     - hot-and-cold baths
     - water aerobics
     - nordic walking.

4. **Procedure at option for the main indication:**
   - medical inhalations;
   - local ultraviolet irradiation;
   - local thermotherapy (apparatus);
   - magnetic water or ozonized water drinking.